

Walk in Unity
By Senior Pastor Tom Harrison
Grow Together Sermon Series
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Some images affect us when we see the word, “walk,” in the Bible, such as the “hide and seek” game in Genesis 3:8: *“And they heard the sound of the Lord God walking in the garden in the cool of the day, and the man and his wife hid themselves from the presence of the Lord God among the trees of the garden.”* And the beloved verse from Psalm 23: *“Even though I walk through the valley of the shadow of death....”*

In the book, “Sit, Walk, Stand,” Watchman Nee says Christians SIT (Ephesians 2:6) in the heavenly places, WALK (Ephesians 2:8, 4:1, 5:2) in a worthy manner with the Lord, and STAND (Ephesians 6:11) against the wiles of the devil. There are certain things we must oppose, resist, and refuse to compromise on. These are primary issues of doctrine and behavior.

Paul lists five characteristics of a “worthy walk” in Ephesians 4:1-3. Four out of five (excluding humility) are listed as fruit of the Holy Spirit (Galatians 5:22-23). Our readings this week focus on these. Humility, gentleness, patience, love, and peace help us to maintain the unity of the Holy Spirit in the church.

APPLICATION: How are you doing with these five traits of following Jesus? What does eagerness to maintain unity mean to you? How willing are you to agree to disagree agreeably? What are you doing to help the church be unified? How are you growing in your faith? How are you reaching out to others in love? What do you need to remove from your life that is preventing unity?

As a teenager, I read a little book by Watchman Nee: **“Sit, Walk, Stand.”** When at Asbury Seminary, I heard a sermon series in Wilmore on “Christian Postures.” In addition to “Sit, Walk, Stand,” there are other Christian postures: falling (people fell before Jesus as an act of worship in the gospels but also in Revelation), kneeling (prayer) and lifting (Psalm 121:1-2 *I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth*), raising (hands in praise), running (run your race), looking (Hebrews 12:1-2 *“Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith.”*)

Here are the 3 Christian postures that Watchman Nee listed found sequentially in Ephesians: 1st we **SIT** in heavenly places. Eph 2:6 (KJV) “And hath raised us up together and made us **SIT TOGETHER** in heavenly places in Christ Jesus.” To sit is to rest. We trust the chair. We put all of our weight on the chair. We depend upon something outside us. When we sit, we do not have to depend upon our own ability to walk or to stand. We sit in heavenly places with Christ. And notice that it is “us sit together.” We grow together in Christ. The Christian faith does not begin with our walk or our standing, but with sitting – resting, trusting in Christ. Jesus’ work and what He has done for us is what Ephesians 1-3 is about. The Christian life never begins

with us – it always begins with Christ. However, there is always a response for us to make to the Gospel.

So we move to Ephesians 4-6 and about the two things we are to do: we **WALK** with Christ. Eph 2:10 For we are his workmanship, created in Christ Jesus for **good works**, which God prepared beforehand, that we should **WALK** in them.

Eph 4:1 I therefore, a prisoner for the Lord, urge you to **WALK** in a manner worthy of the calling to which you have been called,

Eph 4:17-18 Now this I say and testify in the Lord, that you must no longer **WALK** as the Gentiles do, in the futility of their minds.

Eph 5:2 **WALK** in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Eph 5:8-10 **WALK** as children of light (for the fruit of light is found in all that is good and right and true) and try to discern what is pleasing to the Lord.

Eph 5:15-17 Look carefully then how you **WALK**, not as unwise but as wise, making the best use of the time, because the days are evil.

3rd we **STAND** against evil. Ephesians 6:10-14 Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to **STAND** against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore, take up the whole armor of God, that you may be able to **withstand** in the evil day, and having done all, to **STAND** firm. **STAND** therefore....

In Ephesians 1-3, we see that God acted first. In 4-6, we get to cooperate with God. Paul describes Christian doctrine and then urges application of that doctrine.

Ephesians 4:1-3 (pew Bible #1161)

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love, ³ eager to maintain the unity of the Spirit in the bond of peace.

Paul a prisoner for (or “in”) the Lord, urged the Ephesians to walk in a manner worthy of their calling. The word “worthy” comes from the Greek word, “axios.” Our word, “**axiom**” (a “proverbial saying” – things we frequently say) comes from it. The author of a book called “Axiom” urged us to write down our own axioms I have 204 of them (call the office and I’ll send one to you).

“When’s the last possible moment I have to decide?” (Eisenhower)

“I get in trouble when I tell more than I know.” (A.B. Steen)

“If the preacher won’t tithe, the church won’t grow.”

“The best of all – God is with us.” (John Wesley’s last words)

“If if’s and but’s were candy and nuts, we’d all have a Merry Christmas” (Dandy Don Meredith)

“Good leadership may be disappoint people at a rate they can absorb.”

It literally means “to be of equal weight.” Paul says to live in equal weight to the great blessings described in chapters 1-3. How do we walk in a worthy manner? One important way is by growing together. We are to live in unity.

5 words describe walking in a worthy manner:

1) **Humility:** The opposite of humility is pride. One of my axioms is, *“Humility is the essential virtue; pride is the essential vice.”* Pride means I don’t need you or anyone else, including God. It was pride that made the devil the devil. Humility means openness. Pride closes us off from others. Pride causes disunity.

2) **Gentleness:** Opposite: harsh, rough. Do you want a gentle doctor with good bedside manners or one who is harsh? A dentist who is gentle or rough? A doctor with good bedside manners is not incompetent, but gentleness and humility create openness, not defensiveness. Matthew 11:29-30 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

3) **Patience:** Opposite: impatient, rash, impulsive, angry, annoyed, short-tempered. Noah, Abraham, Joseph, Moses, David, Daniel, Jesus, Paul, and John in Revelation are all examples of patience in scripture.

4) **Love:** Opposite: Hatred or indifference. He uses an interesting term, **“bearing with one another.”** Love will not always be easy. The Greek word is “agape,” which is not just “friendship,” or “family,” or “romantic/sexual” in nature. It is not a feeling or an emotion – it is an act of the will. It is what we decide to do/be. I worked for a pastor who had this axiom he often told his congregation, *“I may not like you, but I must love you.”* Loving people is hard. Loving unlovely people is harder. Loving your enemies is the hardest of all. G.K. Chesterton said the reason the Bible tells us that we are to “love our neighbors AND love our enemies” is because generally they are the same people.

5) An eagerness for the **bond of Peace:** Opposite (War, disharmony). Make every effort to be at peace. Value unity. Work at it. Be attentive to it. Invest energy in it. When unified, we can accomplish great things.

We see these 5 words lived out in the life of Jesus: Everything about Him represented humility (birth, ministry, death). He didn’t come to be served but to serve. He was humble and gentle. He showed incredible patience with His disciples. He was the essence of love. And of course, Jesus is known as the Prince of Peace.

COVID shut our world down. We’re trying to get back to normal. Things are still weird. There’s been a lot of atrophy – muscles have weakened. We’re trying to recover. There are new things we’re trying to do. Last week I told you about a new series we’ll do starting September 5th around a book called “The Magnificent Story.”

I’ve heard it said that there are two things missing today in our culture: a sense of purpose and a sense of belonging. Asbury tries to get people into communities where both of these can happen. Next Sunday at 9:30, we begin a study on the Wesleyan Class Meeting. The Class Meeting was how John Wesley organized the Methodist movements. James Lambert (happy birthday tomorrow) will lead a 8-week study on how we can do this, too. It will meet in the chapel from 9:30 – 10:30. It starts July 11th and goes until August 29. We intend to form a permanent new ADC community from this. They will be studying a book written by the son of Matt and Teilla Watson (Asbury members). Kevin Watson’s book is “The Class Meeting.” You can sign up at Guest Services or on this link: : [The Class Meeting | Asbury United Methodist Church | Tulsa \(asburytulsa.org\)](https://www.asburytulsa.org/the-class-meeting)

People who haven't learned how to love will always feel like victims. Their worldview is always on themselves and how they felt and how they were hurt. They do not take responsibilities for their own actions but shift the blame to others. Victims have an endless list of foes. I've just read a book called "**The Happiest Man on Earth.**" Eddie Jaku was 99 years old when he gave a TEDx talk in Sydney, Australia. He is a survivor of Auschwitz. Any Holocaust victim would have more of a right than anyone to remain stuck in that narrative. I repeat the name of his book, "The Happiest Man on Earth." He decided to shed that identity and find a new narrative.

Tom's Axioms (from Greek word "axios" = "worthy" – Eph. 4:1)

- 1.) *"I've never had an original thought in my life"* (other than this one 😊)
- 2.) Grace...First and Foremost (always begin here)
- 3.) Loyalty is essential (relationships are built on trust)
- 4.) Abundance not Scarcity (7 Habits of Highly Effective People, p 219-221)
- 5.) *"Different is Good"* (It's also HARD; and not ALL differences are good)
- 6.) Develop your Emotional Intelligence
- 7.) 3 B's: *"Belong, Believe, Become"*
- 8.) *"Kids Come 1st"*
- 9.) *"When's the last possible moment I have to decide?"* (Eisenhower)
- 10.) *"I get in trouble when I tell more than I know."* (A.B. Steen)
- 11.) *Don't be the target, be the arrow.*
- 12.) *"Never hire someone who treats a server badly"*
- 13.) *"Don't Let Your Joy Factor Slip"* (one of my chief responsibilities)
- 14.) *"What more can I do to help? I have available time."*
- 15.) *"Great Leaders Read...they read history/biography"* (Harry Truman)
- 16.) *"If Your Head is Made of Butter Get out of the Kitchen"* (Harry Truman)
- 17.) *"Faith is no more valid than the object in which it is placed"*
- 18.) *"Everyone is Accountable"* Accountable Discipleship (the value of small group community)
- 19.) *"It All Goes back into the Box"* (True of playing Monopoly – true of our own deaths, too)
- 20.) *"Fallen Babylon vs. New Jerusalem"* (John's contrast in the Book of Revelation)
- 21.) *"If it's not one Thing...it's another"* (Roseanne Rosannandana)
- 22.) *"Hire, Delegate & Support the Best People you can find"*
- 23.) *"First One to the Counselor Wins"* (counselors know there are always 2 sides to every story)
- 24.) Avoid *"The Therapeutic Triangle"* (don't be triangled)
- 25.) Stay out of *"The Box"* (We are so easily self-deceived) Leadership & Self-Deception

- 26.) Know Your role: Technician, Manager or Visionary? (The E-Myth Re-visited)
- 27.) The 3 C's of employees ("Character, Competency, Chemistry")
- 28.) The Leadership Engine Drives the Train (Ideas, Values, Energy, & Edge)
- 29.) Work to Make Your Boss Successful (the Joseph Principle in Genesis 37-50)
- 30.) Have a Theology of Suffering "*If your faith can't work in the ER, it doesn't work.*"
- 31.) "*Lower Your Expectations; Raise Your Commitment*" (not your standards)
- 32.) The Magic Ratio (5 compliments to every criticism)
- 33.) "*Love What You Do...or Do Something Else*"
- 34.) "*Work like it all depends on you - pray like it all depends on God*"
- 35.) "*Jesus is not an American*"
- 36.) "*Everyone should be a St. Louis Cardinals Fan*" (Baseball teaches so much)
- 37.) "*Blessed to be a Blessing*" (The Tremendous Power of Blessing)
- 38.) "*Don't Die on Every Hill*"
- 39.) "*Guard Your Heart!*" ("*Drink Water from Your Own Cistern*")
- 40.) "*Oxen Make a Mess but Produce a Harvest*"
- 41.) "*Church is a Business...our Business is the Church*"
- 42.) Continuous Improvement (Sanctification – we can always grow, improve & get better)
- 43.) "*Ministry is Simple: Love God/Love People*"
- 44.) Equip people for ministry (then deploy them)
- 45.) "*The Church Exists by Mission as Fire Exists by Burning*" (Helping Others Follow Jesus)
- 46.) "*Humility is the Essential Virtue; Hubris is the Essential Vice*"
- 47.) "*Take Initiative*" (Be Proactive. God's people have great energy for God)
- 48.) "*If the preacher won't tithe the church won't grow*" (the importance of generosity)
- 49.) "*I felt my heart strangely warmed*" John Wesley (Transformation is what we're after)
- 50.) "*If your heart is as my heart, lend me your hand*" (John Wesley)
- 51.) "*I'm a man of one book*" (the Bible - John Wesley)
- 52.) "*The Best of All...God is With Us.*" (Wesley's dying words)
- 53.) "*There's nothing new under the sun*" (Ecclesiastes – words describe human nature)
- 54.) "*As the seminary goes - so goes the pastor. As the pastor goes - so goes the church. As the church goes, so goes the world.* (Maxie Dunnam) Support seminaries with strong Christology/biblical authority)
- 55.) "*It is amazing how much can be done when we don't care who gets the credit.*"
- 56.) "*If ifs & buts were candy and nuts - we'd all have a Merry Christmas*" (Don Meredith)
- 57.) "*Not Everyone Gets a Trophy*"
- 58.) "*Football = a very fickle god to worship.*"
- 59.) "*Give a person a fish, you feed them for a day. Teach a person to fish and you feed them for a lifetime.*" (Development, not handouts) When Helping Hurts
- 60.) "*The good can't begin until the bad ends.*" (Don't get stuck - get out of the rut –)
- 61.) "*Blessed are the flexible for they shall not be broken!*" (the 9th beatitude)

- 62.) *"The Least Committed Make the Most Demands"*
- 63.) *"Sheep Bite"* (parishioners) Of course, pastors bite, too
- 64.) God seldom uses lazy people (I can't put gas in someone else's tank)
- 65.) *"There's no such thing as a 'Single Adult'"* (the presence of the Holy Spirit)
- 66.) *Every Exit is also an Entrance* (there's always an opportunity before us)
- 67.) The 95% rule (*"But oh, that 5%"*) Most of life/work is enjoyable...BUT....
- 68.) Find Positive Addictions (book by William Glasser)
- 69.) *80% of Success is just showing up*
- 70.) *Progress stops when too many people are IN the wagon and not PULLING it* ("too many cooks in the kitchen")
- 71.) *We are all fundamentalists – we just disagree on what the fundamentals are*
- 72.) *Margins aren't marginal*
- 73.) Bonds – both strong/weak are important
- 74.) Use fragments of time wisely (much can be done in small doses of time – Atomic Habits)
- 75.) *Take two steps at a time in the stairwell – you'll never be an old man*
- 76.) Be a long-term thinker (too many short-term thinkers)
- 77.) Automate –power of habit
- 78.) *"You have no idea what we went through to get you what you've got."* (Jim Carlson's grandmother)
- 79.) *"Firm Center – Soft Edges"* (Good Faith)
- 80.) *"Helping Others Follow Jesus"* (Asbury's mission)
- 81.) *"A little self-awareness goes a long way"*
- 82.) *"Avoid Having to Back Up"* (sign next to the driver on an airport shuttle bus)
- 83.) No Leader gets better than 70% (Failure of Nerve)
- 84.) Practice a non-anxious presence (Failure of Nerve)
- 85.) Practice self-differentiation (Failure of Nerve)
- 86.) Every leader gets sabotaged (Failure of Nerve)
- 87.) *Everyone is carrying something* (we all suffer)
- 88.) *"There is always a 'But...'"* (both good/bad news)
- 89.) *There's Never Been a Better Time to Be Alive Than Now*
- 90.) *You need to practice what I preach* 😊
- 91.) *I may not be a great communicator, but I have the greatest message.* (Reagan)
- 92.) *"Those with a well-placed heart are prepared for & capable of responding to the situations of life in ways that are good & right"* (Dallas Willard)
- 93.) *"When you sell the company, you don't own it anymore"* (time to move on and let it go)
- 94.) *"The end of this life is not the end of life"* (heaven)
- 95.) *"Leaders Eat Last"*
- 96.) *"Our greatest fear shouldn't be failure but in succeeding in something that really doesn't matter."*

97.) *"Every saint has a past, & every sinner has a future."* (Oscar Wilde)

98.) *"The hardest part of being a pastor = getting people to understand the gospel. Most think Christianity is a religion, and that Jesus is an ethical guide. Few understand grace or what it actually means to be a Christian. Yet because they assume they do, they do not listen carefully to the offer God extends." To make it quite practical I have a very simple test. After I have explained the way of Christ to somebody I say "Now, are you ready to say that you are a Christian?" And they hesitate. And then I say, "What's the matter? Why are you hesitating?" And so often people say, "I don't feel like I'm good enough yet. I don't think I'm ready to say I'm a Christian now." And at once I know that I have been wasting my breath. They are still thinking in terms of themselves. They have to do it. It sounds very modest to say, "Well, I don't think I'm good enough," but it's a very denial of the faith. The very essence of the Christian faith is to say that He is good enough and I am in Him. As long as you go on thinking about yourself like that and saying, "I'm not good enough; Oh, I'm not good enough," you are denying God – you are denying the Gospel – you are denying the very essence of the faith and you will never be happy. How can I put it plainly? It doesn't matter if you have almost entered into the depths of hell. It does not matter if you are guilty of murder as well as every other vile sin. It does not matter from the standpoint of being justified before God at all. You are no more hopeless than the most moral and respectable person in the world" (Martin Lloyd Jones)*

99.) *Good leadership may be disappointing people at a rate they can absorb Leadership on the Line (Linsky & Heifetz)*

100.) *"Feed Yourself" (Prayer Journal & Bible Study Guide)*

101.) *"Tolerance is the virtue of people who do not believe anything" (G.K. Chesterton)*

102.) *"Heaven is much too serious a place for work. It will be all dance & play there" (C.S. Lewis)*

103.) *"You can't go back & change the beginning, but you can start where you are and change the ending." (C.S. Lewis)*

104.) *Friendship is born at the moment when one man says to another what? You too? I thought that no one but myself... CS Lewis*

105.) *"More Wag; Less Bark" (The Power of Encouragement)*

106.) *"When people fail to talk about problems it ferments into problems with people."*

107.) *"We can't do anything about our beginning, but we can do something about our ending."*

108.) *"You catch more flies with honey than with vinegar." "The theologian who labors without joy is not a theologian at all. Sulky faces, morose thoughts and boring ways of speaking are intolerable in this field." -Karl Barth*

109.) Less is More

110.) *"If you can't illustrate it, you don't understand it" (Bible study)*

111.) *Monks have a name for people who make their life difficult = "Teachers." One wrote: The monastic tradition has a name for people who are sometimes-quite-difficult and with whom we would not have chosen but we end up sharing life with: 'Teachers.' They teach us*

about ourselves; they expose us to what otherwise we may not see in ourselves or show to others."

112.) *"Exclamation Points build walls; questions open doors."* Ask Q's. Shut up. Listen.

113.) *"Company policy" means there is no understandable reason for this action.* (Herbert Prochnow, American writer). Managing Transitions p 62. Have a purpose (mission – why you're doing it), have a picture (vision – what it looks like), have a step-by-step plan (details - how you'll get there) and give everyone a part to play ("here's your responsibility")

114.) *"All of life is repentance."* #1 of Luther's 95 theses. Repentance is not "one and done" at conversion but is the way to advance at every stage of the Christian life.

115.) *Live long enough and you'll have trauma*

116.) *Treat people as adults* (don't patronize, give people options)

117.) *"Nothing is more exhilarating than to be shot at without result."* Winston Churchill. We often don't appreciate something until we nearly lose it.

118.) *"Nothing makes a man more reverent than a library."* Winston Churchill

119.) *When we begin to glimpse the reality of God, the natural reaction is to worship him. Not to have that reaction is a fairly sure sign that we haven't yet really understood who he is or what he's done.* N.T. Wright

120.) *You are never too old to set another goal or to dream a new dream.* Aristotle

121.) *To **invent**, you need a good imagination and a pile of junk.* Thomas a Edison

122.) *One day in retrospect the years of **struggle** will strike you as the most beautiful.* Freud

123.) *A year from now you'll wish you had started today.* Karen Lamb

124.) *We are always the same **age** inside.* Gertrude Stein

125.) *One can furnish a room very luxuriously by **taking out** furniture rather than putting it in.* Francis Jourdain

126.) *The secret of your future is hidden in your **daily routine**.* Mike Murdock

127.) *If God gives you something you can do, why in God's name wouldn't you do it?* Stephen King

128.) *Here is a test to find out whether your mission in life is complete. If you're alive, it isn't.* Lauren Bacall

129.) *Your life does not get better by **chance**, it gets better by change.* Jim Rohn (and by choice)

130.) *Other people may be there to help us, teachers, guide us along our path, but the lesson to be learned is always ours.* Melody Beattie

131.) *I can except failure. Everyone fails at something. But I can't except not trying.* Michael Jordan

132.) *Comparison is the thief of joy.* Theodore Roosevelt

133.) *There is a **crack** in everything. That's how the light gets in.* Leonard Cohen

134.) *The wise man doesn't give the right answers, he poses the right questions.* Claude Levi-Strauss

135.) ***Laughter** is the sun which drives the winter from the human face.* Victor Hugo

136.) *You'll never find rainbows if you're **looking down**.* Charlie Chaplin

- 137.) *What lies behind us and what lies before us are tiny matters compared to what lies within us.* Ralph Waldo Emerson
- 138.) **Courage** doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, *I will try again tomorrow.* Mary Anne Radmacher
- 139.) **Do** what you can where you are with what you have. Squire Bill Widener
- 140.) *The person who says it cannot be done should not interrupt the person who is doing it.* Chinese Proverb
- 141.) *We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light.* Plato
- 142.) *Experience is not what happens to us; it is what we do with what happens to us.* Aldous Huxley
- 143.) *As long as you are breathing it's never too late to do some **good**.* Maya Angelou
- 144.) *You miss 100% of the shots you don't take.* Wayne Gretzky
- 145.) *Find a place inside where there's **joy**, and the joy will burn out the pain.* Joseph Campbell
- 146.) *We must be willing to **let go** of the life we have planned, so as to except a life that is waiting for us.* Joseph Campbell
- 147.) *There can be no deep disappointment where there is not deep love.* Martin Luther King Jr
- 148.) **Faith** is taking the first step, even when you don't see the whole staircase. Martin Luther King Jr
- 149.) *Everybody is a **genius**. But if you judge a fish by its ability to climb a tree, it will spend its whole life believing it is stupid.* Albert Einstein
- 150.) *Do not grow **old** no matter how long we live. Never cease to stand like curious children before the great mystery in there which we are born.* Albert Einstein
- 151.) **Imagination** is more important than knowledge. Albert Einstein
- 152.) *Unless someone like you **cares** a whole awful lot, nothing is going to get better. It's not.* Dr. Seuss
- 153.) *Don't cry because it's over; smile because it happened.* Dr. Seuss
- 154.) There are two goals in life: Learn wisdom + have others to share it with
- 155.) "2 ears. 1 mouth." (Listen twice as much as you talk)
- 156.) *When we cease to believe in God, it's not that we believe in nothing, it's that we believe in everything." (G.K. Chesterton) Explains zeal. Some of it is not healthy.*
- 157.) *General invitations obtain general results. (Be specific in your requests)*
- 158.) *Self-pity is a pathetic trait for a leader. (George W Bush)*
- 159.) *The least committed in a relationship has the most power.*
- 160.) "A smooth sea never made a skilled mariner."
- 161.) *"Suffering's great power is that it's an interruption of life. It reminds you that you're not the person you thought you were." (David Brooks)*
- 162.) "When you teach once, you learn twice." (Steven Covey)
- 163.) *If you wait for **perfect** conditions, you will never get anything done. Ecclesiastes 11:4*
- 164.) *If you want to get something done, ask someone who is busy.*
- 165.) *History never repeats itself; man always does (Voltaire)*

- 166.) *Commitment precedes experience.* (Constance Cherry)
- 167.) *You can't steal second base with one foot on first. Progress always involves risk.* (Frederick Wilcox)
- 168.) *"If we do not transform our pain, we will most assuredly transmit it." ("hurt people, hurt people."*
- 169.) *"I think we like our phones more than we like actual people."*(13 yr old in Atlantic Magazine)
- 170.) *"The cure shouldn't be worse than the disease."* (reference to COVID...or to bleeding patients)
- 171.) *"All hat – no pony"*
- 172.) *"Verbosity does not equal knowledge"* (talk is different than intelligence)
- 173.) *"Man will only become better when you make him see what he is like."* (Anton Chekhov)
- 174.) *"If you slow down, you go down."* (Julius McPheeters – ATS President who waterskied on his 90th birthday)
- 175.) *"One road leads home, and a 1,000 roads lead to the wilderness."* The Pilgrims Regress C.S. Lewis
- 176.) *"If you love deeply, you're going to get hurt badly. But it's still worth it."* C.S. Lewis
- 177.) *"Failures, repeated failures, are finger posts on the road to achievement. One fails forward toward success."* C.S. Lewis
- 178.) *"It's so much easier to pray for a bore than to go and see one."* Letters to Malcolm C.S. Lewis
- 179.) *"Adventures are never fun while you're having them."* Voyage of the Dawn Treader C.S. Lewis
- 180.) *"If God forgives us, we must forgive ourselves. Otherwise, it is almost like setting up ourselves as a higher tribunal than Him."* C.S. Lewis
- 181.) *"Spiteful words can hurt your feelings, but silence breaks your heart."* C.S. Lewis
- 182.) *"It is not out of compliment that lovers keep on telling one another how beautiful they are; the delight is incomplete till it is expressed."* Reflections on the Psalms C.S. Lewis
- 183.) *"We are what we believe we are."* C.S. Lewis
- 184.) *"Friendship is born at that moment when one person says to another: "What! You too? I thought I was the only one."* C.S. Lewis
- 185.) *"No man knows how bad he is till he has tried very hard to be good."* Mere Christianity C.S. Lewis
- 186.) *"There are far, far better things ahead than any we leave behind."* Collected Letters of C.S. Lewis
- 187.) *"God whispers to us in our pleasures, speaks to us in our conscience, but shouts to us in our pains; it is His megaphone to rouse a deaf world."* The Problem of Pain C.S. Lewis
- 188.) *"When we lose one blessing, another is often most unexpectedly given in its place."*

Yours Jack: Spiritual Direction from C.S. Lewis

- 189.) *"God, who foresaw your tribulation, has specially armed you to go through it, not without pain, but without stain."* Collected Letters of C.S. Lewis
- 190.) *"Faith in Christ is the only thing that can you save you from despair."* The Joyful Christian
- 191.) *"Of all the bad men, religious bad men are the worst."* Reflections on the Psalms C.S.L
- 192.) *"Humility is not thinking less of yourself but thinking of yourself less."* Mere Christianity
- 193.) *"I do not ask the wounded person how he feels...I myself become the wounded person."*
(Walt Whitman)
- 194.) *"The whole law of human existence consists in nothing other than a man's always being able to bow before the immeasurably great. If people are deprived of the immeasurably great, they will not live and will die in despair. The measurable and infinite are as necessary for man as the small planet he inhabits."* (Fyodor Dostoyevsky)
- 195.) *"The problem with the world is all the intelligent people are full of doubt and all the stupid people are full of confidence."*
- 196.) ***We need 3 things to be happy. We got to have something to do, someone to love, and something to look forward to. You can be happy whether you're blind, broke, burned out, or anything else and you can be a billionaire and have everything in the world but if you don't have 1 of those 3 it's it doesn't work. For most people if you're not a Believer you must find these things. If you're a Believer, all you have to do is find 1 thing. That's why "Seek ye first the kingdom of God and His righteousness, and all these other things will be added to you." If you follow Christ. You got something to do, someone to love, & something to look forward to.***
(Jim Stovall)
- 197.) *"With the fearful strain that is upon me day and night, if I did not laugh, I should die."*
(President Abe Lincoln during the Civil War)
- 198.) *"Efficiency is doing things right; effectiveness is doing the right things."* Peter Drucker
- 199.) *"Sabotage is not the bad things that evil people do but the human things anxious people do."* (Tod Bolsinger)
- 200.) *"THE DOGS BARK BUT THE CARAVAN MOVES ON"* (Arab Proverb)
- 201.) *"Don't let the failure of your last pitch affect the success of your next one."* (Nolan Ryan)
- 202.) *"Don't cash the check until you've written a thank you note."* (My mom – with gifts received)
- 203.) *"You leave a monkey at the piano long enough and he will play a tune"* (Jim Cooper – was a football coach)
- 204.) *"RESILIENCE IS SOMETHING THAT HAPPENS BEFORE A TRAGEDY, NOT AFTER."* (The Attributes)